

WORLD WIDE MOVERS, INC.

## **TIPS FOR MOVING WITH CHILDREN**

This year, more than 43 million family members will be faced with the daunting task of relocating to a new home. About 13 million of those moving will be under the age of nineteen.

The home is a special source of security and comfort for children, many children may experience anxiety about leaving their "familiar" home, neighborhood and friends. When moving with children, it is very important to maintain a positive attitude so that the children will become excited and optimistic about the upcoming move. By keeping the entire family informed about what is happening at each stage of the moving process, children will feel included and will be less likely to fear the "unknown".

## **HELPFUL HINTS:**

- Be sure your child understands that the move is a <u>positive event</u> for the whole family.
- Break the news to everyone in the family together. Briefly explain why the move is taking place. Focus on the "when", "where", "how" and "why" of the moving process.
- Before the move, give your children an opportunity to spend time with their friends to say goodbye.
- Make the children part of the moving process.
- If possible, take the children to see their new home and neighborhood in advance. If this is not possible, try to get as much information about the neighborhood, as well as a couple of photographs of the new home and surroundings. Your Removal Company's Representative and Real Estate Agent can help in this area.
- Ask your children to help you plan the route the family will take to travel to the new home. Sit down as a family, take out a road map or atlas and choose the best route to travel. Let the children study the route into a fun game for the children as they later help the family navigate to the new home.
- Once you have arrived at the new address, let your children pick their favorite restaurant or type of food so the family can "celebrate" their help in making the move successful.

While moving can be a stressful event for children, following some simple steps before the move can ease their fears and make the whole move process enjoyable for the entire family.